

Marfan Syndrome Diagnosis Survey Survey Date: February 6-17, 2012 1369 Respondents

Diagnosis

- Nearly 60% of respondents were the first in their family to be diagnosed with Marfan syndrome
- Nearly one-third (28%) were diagnosed after another family member was diagnosed
- 12% were diagnosed after the death of a family member from Marfan syndrome
- Nearly three-quarters (69%) were diagnosed before the age of 20

Inheritance

- Nearly half (44%) inherited Marfan syndrome from a parent
- 32% are the only one affected in their family
- One fourth (25%) don't know if they inherited it or not.

Who First Suspected Marfan Syndrome

- Cardiologist was the first to suspect Marfan syndrome in 18% of cases.
- Generalist was first to suspect Marfan syndrome in one fourth of cases
 - o family doctor 14%
 - o pediatrician 11%
- Eye care specialists were the first to suspect Marfan syndrome in nearly 20% of cases
 - o ophthalmologists 15%
 - o optometrists 4%
- 4% of respondents said that an emergency department doctor was the first to suspect Marfan syndrome
- 8% of respondents said that a nonmedical person was the first to suspect Marfan syndrome

Which Marfan Features Raised the Suspicion of Marfan Syndrome (respondents were asked to indicate all that apply)

- Orthopedic characteristics
 - o Long limbs 73%
 - o Long flexible fingers 68%
 - o Height 64%
 - o Indented or protruding chest bone 45%
 - o Scoliosis 33 %
- One-third said that dislocated lens in the eye raised suspicion
- In 18% of people, the first sign that indicated suspicion of Marfan syndrome was a rtic dissection